



DAILY LUNCH CHOICE MENU - HEMDEAN SCHOOL - 2023/24 WINTER TERMS 3 & 4



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week starting 8 Jan/29 Jan/26 Feb/18 Mar

WEEK 1

Pasta Bolognese or Pasta with Tomato Sauce

Chicken Curry or Quorn & Vegetable Curry

Roast Chicken or Vegetable Bake

Sausage or Vegan Roll

Breaded Fillet of Fish or Cheese Omelette

Cheese
Selection of Salad
Fruit Platter

Steamed Rice

Roast Potatoes & Gravy

Rosti Potatoes

Chips

Sweetcorn

Carrots & Peas

Baked Beans

Peas

Biscuit of the Day

Strawberry Upside Down Cheesecake

Steamed Lemon Sponge & Lemon Custard

Apple Crumble & Custard

Fruity Chocolate Brownie

Week starting 15 Jan/5 Feb/4 Mar/25 Mar

WEEK 2

Macaroni Cheese or Pasta with Tomato Sauce

Pork Sausage or Halal Chicken Sausage or Veggie Sausage & Mash

Roast Chicken or Veggie Nuggets

Margarita or Pepperoni or Ham & Pineapple

Battered Fish or Veggie Burger

Cheese
Sweetcorn
Fruit Platter

Roast Potatoes & Gravy

Pizza

Chips

Baked Beans

Carrots & Peas

Selection of Salad

Peas

Biscuit of the Day

Pineapple Upside Down Cake

Chocolate Sponge & Chocolate Sauce

Apple Crunch & Custard

Fruity Jelly & Cream

Week starting 22 Jan/19 Feb/11 Mar

WEEK 3

Meatballs or Veggie Balls with Tomato Sauce

Jacket Potato with Beans, Cheese or Tuna Mayonnaise

Roast Chicken or Quorn Dippers

Margarita or Pepperoni or Ham & Pineapple

Breaded Fillet of Fish or Fishless Fingers

Pasta
Cheese
Sweetcorn
Fruit Platter

Roast Potatoes & Gravy

Pizza

Chips

Selection of Salad

Carrots & Peas

Diced Potatoes

Selection of Salad

Peas

Biscuit of the Day

American Pancakes with Apple Compote & Cream

Treacle Sponge & Custard

Blueberry Muffin

Chocolate Chip Traybake

AN ALTERNATIVE JACKET POTATO IS AVAILABLE EVERY DAY WITH FILLING FROM CHOICE OF - CHEESE, BEANS, OR TUNA MAYONNAISE AND AN ALTERNATIVE PUDDING OF YOGHURT OR FRUIT POT